

HEALTH SCRUTINY PANEL

2 OCTOBER 2008

**EMOTIONAL WELLBEING & MENTAL HEALTH
IN MIDDLESBROUGH:
EVIDENCE FROM THE MAYOR**

PURPOSE OF THE REPORT

1. To introduce the Mayor of Middlesbrough to the Health Scrutiny Panel, in attendance at today's meeting to provide evidence in connection with the ongoing review.

RECOMMENDATIONS

2. That the Panel notes the contents of the Mayor's evidence and incorporates it into the overall review.
3. That Members ask any questions of the Mayor felt appropriate, pertaining to his evidence.

CONSIDERATION OF REPORT

4. As Members will be aware, the Health Scrutiny Panel is presently conducting a review into Emotional Wellbeing & Mental Health in Middlesbrough. The Panel has previously expressed an interest in paying specific attention to mental health issues pertaining to young people, with a specific chapter in the eventual Final Report of the Panel focussing specifically on young people.
5. The Panel meeting today has been arranged with the intention of focussing solely on issues connected with young people's mental health. Whilst a major part of the review will focus upon evidence provided by the local NHS, it is important that the Panel also considers the role that Middlesbrough Council as a local authority can play in influencing the mental health and emotional wellbeing of young people.

6. It is to this end that the Mayor of Middlesbrough has been invited to attend today's meeting and speak about the local authority's role in promoting the emotional wellbeing and good mental health of young people within its area of influence. The Mayor has been asked for his thoughts on what the local authority currently does, and what it could do in the future, to promote the good mental health of young people.
7. There is a broad range of local authority activity that the Panel may wish to speak with the Mayor about, ranging from regeneration activities that promote employment opportunities, to leisure facilities available for young people, to the sorts of services that are available within schools and colleges within the town.
8. It is anticipated that the Mayor will initially address the Panel with his views on the themes outlined above, ahead of the Panel asking any questions felt appropriate and a debate taking place.

BACKGROUND PAPERS

9. No background papers were used in the preparation of this report.

Contact Officer:

Jon Ord - Scrutiny Support Officer

Telephone: 01642 729706 (direct line)

Email: jon_ord@middlesbrough.gov.uk